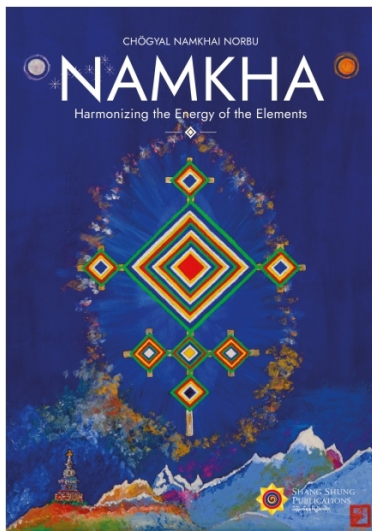
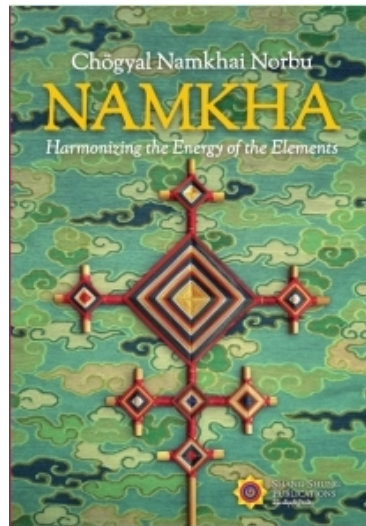


Explanations for Namkha calculations

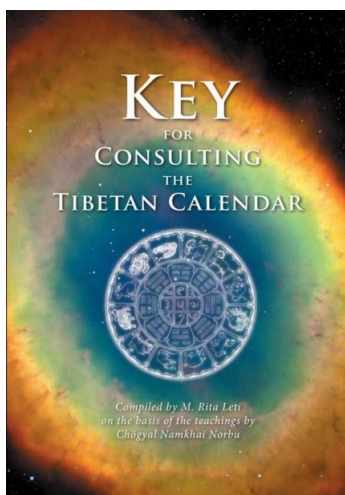
Preparing Namkha's are explained in the following books



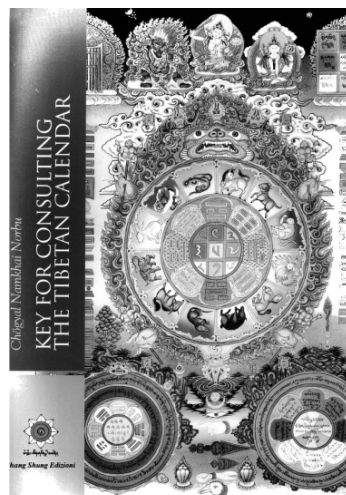
Latest edition



No longer available



Latest edition



No longer available

which are available at Shang Shung publications
<https://shangshungpublications.com>

Tibetan calendar explained

The year start at different times relative to the western calendar. Months identified by Element, Sign and number can be repeated and Tibetan days also identified by Element, Sign and number, 30 in a month, can be omitted and doubled.

The Tibetan calendar is a so called luni-solar one.

Solar day

The basic unit of time is the solar day (nyin zhag, dina) which starts at daybreak (nam langs, pratyūṣa). The most common definition for this time is when one is able to see the lines on the palms of the hands. Calculations based on this text makes clear that mean daybreak occurs at 5AM L.M.S.T (Local Mean Solar Time) seven hours before the mean Sun crosses the meridian at noon.

Each solar day is therefore equal in length and each is assigned a number. 0 Saturday, 1 Sunday, 2 Monday, 3 Tuesday, 4 Wednesday, 5 Thursday and 6 Friday.

Lunar month / day

A lunar month starts at New moon and incorporates 30 lunar days (tshes zhag, tithi) where the first one starts with the new moon (Sun and Moon are in conjunction each having the same longitude). The second day starts when the Sun and Moon are 12° apart. The third day when they are 24° apart, etc.

Tibetan day count

The first day of a Tibetan month is the solar day from 5AM till 5 AM next day.

E.g. New moon Lhasa 20220303 01:35:55 is before 5AM so Tibetan day 1 starts this day.

20220321 moon rise Lhasa 23:22 which gives the next day 19

20220322 no moon rise which gives an omitted day 20

20220323 moon rise Lhasa 00:29 which gives day 21

Calendars

There are two types of calendars. The astrological and the calendar year.

The astrological year starts at day 1 of of the Tiger month (month 11 of calendar year).

The day starts at 05:00 o'clock.

If you choose for "Use local time" there will be a recalculation for Lhasa time.

Remember as the calendar is calculated for Tibet Lhasa time and all other calculations are based on Tibetan astrology you better recalculate the birth time to Lhasa time. In Tibetan calendars the day starts at 05:00. There are double days and omitted days. The website automatically adjusts for the correct Tibetan day. E.g. 21st December 02:29 in Dharamsala gives (04:59 Lhasa) Year 1976 Month 10 Day 29 in the Tibetan calendar where at 02:30 (05:00 Lhasa) it will give Year 1976, Mewa White 6, Month 11, Day 1 (Day 30 in month 10 is an omitted day). For the astrological calendar this gives Year 1977, Mewa Yellow 5, Month 1, Day 1.

For calendars see www.tibastro.be calendars.

For calculations elements are given the following values:

Wood = 0, Fire = 1, Earth = 2, Metal = 3 and Water = 4

Calendar year

year 1976 Fire Dragon

month 11 Earth Tiger

Day 1 Metal Tiger

Hour 05:00 Water Rabbit

The calendar year 1977 starts at 19th February 1977 with Month 1 and the first of a double day 2.

Tibetan day 1 is an omitted day.

Astrological year

as it is 05:00 the next year starts

year 1977 Fire Snake
Month 1 Earth Tiger
Day 1 Metal Tiger
Hour 05:00 Water Rabbit

Year Namkha elements

are not the same but

	Calendar	Astrological	Tibetan
Body	Earth	Earth	lus
Life	Earth	Fire	srog
Capacity	Fire	Fire	dbang thang
Fortune	Wood	Water	klung rta

see: Namkha harmonizing Energy of the elements 2021, 2022
and <https://www.tibastro.be/Element/FiveCat>

Year Namkha Mewa's elements

(See Mewa calculations)

	Calendar	Astrological
Body	White 6 / Metal	Yellow 5 / Earth
Life	Blue 3 / Water	Black 2 / Water
Capacity	Red 9 / Fire	White 8 / Metal
Fortune	Yellow 5 / Earth	Yellow 5 / Earth
Simplified fortune (see simplified fortune calculations)		
Fortune	White 8 / Metal	Black 2 / Water

White 1, White 6 and White 8 are Metal (white 3)

Black 2 and Blue 3 are Water (blue 4)

Green 4 is Wood (green 0)

Yellow 5 is Earth (yellow 2)

Red 7 and Red 9 are Fire (red 1)

Mewa calculations

For year, month, day and hour the same methods are used.

Year Mewa

The year (Body) Mewa is defined by the element, sign and the metreng used.

E.g. for a Fire Dragon year

In the Upper metreng (1916) the Mewa is Blue 3.

In the Intermediate metreng (1976) the Mewa is White 6

In the Lower metreng (2036) the Mewa is Red 9

1744 – 1803, 1924 – 1983 Intermediate metreng

1804 – 1863, 1984 – 2043 Lower metreng

1864 – 1923, 2044 – 2103 Upper metreng

An easy method to calculate the body Mewa is to use a year with a Mewa you know.

E.g. 1687 which has Mewa Red 7.

Take the year of interest minus 1687 add one and divide by 9. The remainder is used to find the correct Mewa. Count from Red 7.

Mewa for 1942 is $(1942 - 1687 + 1) / 9 = 28$ remainder 4. Start with 1=Red 7, 2=White 6, 3=Yellow 5 and 4=Green 4 which is the Mewa for 1942.

If you like to start with Mewa's White 1 use the year 1684 which has Mewa White 1. Use $(1942 - 1684 + 1) / 9 = 28$ remainder 7 Start with 1=White 1, 2=Red 9, 3=White 8, 4=Red 7, 5=White 6, 6=Yellow 5 and 7=Green 4 which is the Mewa for 1942.

Life and Capacity Mewa

There are two methods to calculate the Life and Capacity Mewa implemented. The here called "Traditional" and "Local" version.

Traditional Mewa calculation

As the Mewa's continually change from 1 to 9 it is easy to find the Life and Capacity as they depend on the Body (year) Mewa.

The Life Mewa is 4 places before the Body Mewa.

So take the sequence ...8912345678912... and E.g. for a body Mewa Yellow 5 start at 5 and go 4 places to the left (before) and you find Black 2 (start at a count of 1).

The Capacity Mewa is 4 places after the Body Mewa.

So take the sequence ...8912345678912... and E.g. for a Body Mewa Yellow 5 start at 5 and go 4 places to the right (after) and you find White 8 (start at a count of 1).

Local Mewa calculation

Here the calculations for the Life and Capacity Mewa are completely opposite as in the traditional way.

The Life Mewa is 4 places after the Body Mewa.

So take the sequence ...8912345678912... and E.g. for a Body Mewa Yellow 5 start at 5 and go 4 places to the right (after) and you find White 8 (start at a count of 1).

The Capacity Mewa is 4 places before the Body Mewa.

So take the sequence ...8912345678912... and E.g. for a Body Mewa Yellow 5 start at 5 and go 4 places to the left (before) and you find Black 2 (start at a count of 1).

Mewa Fortune (luck) calculations.

There are more methods to calculate the fortune Mewa element. There are two methods implemented. The here called "Traditional" and "Simplified" version.

Traditional fortune (luck) calculations.

1. First look after the birth-year sign to find the key for the next step.
2. For a Tiger, Horse or Dog the next step starts with Metal – Monkey
For a Pig, Sheep or Rabbit the next step starts with Fire – Snake
For a Bird, Ox or Snake the next step starts with Water – Pig
For a Mouse, Dragon or Monkey the next step starts with Wood – Tiger
3. Find the key year in the same metreng as the birth-year with the key found in the previous step.
4. The vitality Mewa of this year is the Luck Mewa.

For the examples above

Calendar year 1976 Fire Dragon use Wood Tiger 1974 where vitality Mewa is Yellow 5
Astrological year 1977 Fire Snake use Water Pig 1983 where vitality Mewa is Yellow 5

Simplified fortune (luck) calculations.

Only use the Signs (not the combination of element and sign).

1. For a Tiger, Horse or Dog find the **Monkey** year before the Body Mewa year
2. For a Pig, Sheep or Rabbit find the **Snake** year before the Body Mewa year
3. For a Bird, Ox or Snake find the **Pig** year before the Body Mewa year
4. For a Mouse, Dragon or Monkey find the **Tiger** year before the Body Mewa year

In practice this means

1. For a Tiger, Pig, Snake or Monkey add 6 to the Body Mewa of the sign
2. For a Horse, Rabbit, Bird or Mouse add 10 to the Body Mewa of the sign
3. For a Dog, Sheep, Ox or Dragon add 2 to the Body Mewa of the sign

In case that the result is more than 9 subtract 9

E.g.

Calendar year 1976 Fire Dragon Body Mewa is White 6 add 2 which gives White 8

Astrological year 1977 Fire Snake Body Mewa is Yellow 5 add 6 which gives (11 – 9) Black 2

See: www.tibastro.be → Start → Mewa → Birth Mewa

Month Mewa

To calculate a Mewa for a particular month the first thing necessary is to define an epoch. Here we use 1807. For the month we have to remember that when month 11 or 12 is used the calculation is for the next year astrological month 1 and 2 (actual month-count used is from 0 till 11). An intercalary month has the same Mewa as the delayed month. Every three years the same month sequence appears.

Formula

$$(((\text{YearToFind}-1807) * 12) + (\text{MonthToFind}-1) + 4) / 9$$

gives a quotient and a remainder.

Using the remainder we find:

0=White 1, 1=Red 9, 2=White 8, 3=Red 7, 4=White 6, 5=Yellow 5,
6=Green 4, 7=Blue 3, 8=Black 2.

When you replace the remainder 0 with 9 you can use 10-Remainder=Mewa

E.g.

Astrological MonthToFind 1 in YearToFind 1995.

Use 1994 and 11 (previous year month 11)

$$(((1994-1807)*12) + (11-1)+4)/9$$

$$(2244+14)/9$$

$$2258/9=250 \text{ remainder } 8 \text{ is Black } 2 (10-8=2)$$

Astrological MonthToFind 2 in YearToFind 1995.

Use 1994 and 12 (previous year month 12)

$$(((1994-1807)*12) + (12-1)+4)/9$$

$$(2244 +15)/9$$

$$2259/9=251 \text{ remainder } 0 \text{ is White } 1 (10-9=1)$$

Astrological MonthToFind 3 in YearToFind 1995.

Use 1995 and 1 for month

$$(((1995-1807)*12) + (1-1)+4)/9$$

$$(2256 +4)/9$$

$$2260/9=251 \text{ remainder } 1 \text{ is Red } 9 (10-1=9)$$

		Month Mewa for years		
Astrological month	Calendar month	Tiger Snake Monkey Pig	Rabbit Horse Rooster Mouse	Dragon Sheep Dog Ox
1	11	Black 2	White 8	Yellow 5
2	12	White 1	Red 7	Green 4
3	1	Red 9	White 6	Blue 3
4	2	White 8	Yellow 5	Black 2
5	3	Red 7	Green 4	White 1
6	4	White 6	Blue 3	Red 9
7	5	Yellow 5	Black 2	White 8
8	6	Green 4	White 1	Red 7
9	7	Blue 3	Red 9	White 6
10	8	Black 2	White 8	Yellow 5
11	9	White 1	Red 7	Green 4
12	10	Red 9	White 6	Blue 3

Day Mewa

The day Mewa's have an ascending order. Be aware of omitted and double days.

The first day of the Tiger, Snake, Monkey or Pig month starts with White 1, followed by Black 2, Blue 3, etc.

The first day of the Rabbit, Horse, Bird or Mouse month starts with Green 4, followed by Yellow 5, White 6, etc.

The first day of the Dragon, Sheep, Dog or Ox month starts with Red 7, followed by White 8, Red 9, etc.

Reverse day Mewa

The reverse day Mewa's (only used for females) have a descending order. Be aware of omitted and double days.

The first day of the Tiger, Snake, Monkey or Pig month starts with White 1, followed by Red 9, White 8, etc.

The first day of the Rabbit, Horse, Bird or Mouse month starts with Red 7, followed by White 6, Yellow 5, etc.

The first day of the Dragon, Sheep, Dog or Ox month starts with Green 4, followed by Blue 3, Black 2, etc.

The reverse day Mewa's are used for FEMALES.

Hour mewa

There are 12 double hours starting at 05:00 with sign Rabbit followed at 07:00 with Dragon, etc.

Once you know the day you can find the hour sign and element.

See: www.tibastro.be → Start → Element → General

Important to know is that a Tibetan day start at 05:00 and that every two hours have a sign assigned. Also recalculate your time of birth to Tibet Lhasa time for a correct hour mewa.

Hour	Sign
05:00 – 06:59	Rabbit
07:00 – 08:59	Dragon
09:00 – 10:59	Snake
11:00 – 12:59	Horse
13:00 – 14:59	Sheep
15:00 – 16:59	Monkey
17:00 – 18:59	Rooster
19:00 – 20:59	Dog
21:00 – 22:59	Pig
23:00 – 00:59	Mouse
01:00 – 02:59	Ox
03:00 – 04:59	Tiger

As there are 9 mewa's the double hours are split into 3 time slots (each 40 minutes) giving a total of 36 (12×3) slots. Every 2 slots (80 minutes) are given the name of a sequential mewa where the first slot is the same as the day mewa.

Calculation: (or use the table below)

Find the index for the day mewa

Mewa	Index
White1	0
Black2	1
Blue3	2
Green4	3
Yellow5	4
White6	5
Red7	6
White8	7
Red9	8

Add the time Mewa Index and look for the result.

Sign	time	Total time	Mewa Index
Rabbit 05:00	00-39	>= 300	0
	40-79	<= 379	
06:20	80-119	>= 380	1
Dragon 07:00	00-39	<= 459	
	40-79	>= 460	
07:40	80-119	<=539	2
Snake 09:00	00-39	>=540	3
	40-79	<=619	
10:20	80-119	>=620	4
Horse 11:00	00-39	<=699	
	40-79	>=700	
11:40	80-119	<=779	5
Sheep 13:00	00-39	>=780	6
	40-79	<=859	
14:20	80-119	>=860	7
Monkey 15:00	00-39	<=939	
	40-79	>=940	
15:40	80-119	<=1019	8
Rooster 17:00	00-39	>=1020	0
	40-79	<=1099	
18:20	80-119	>=1100	1
Dog 19:00	00-39	<=1179	
	40-79	>=1180	
19:40	80-119	<=1259	2
Pig 21:00	00-39	>=1260	3
	40-79	<=1339	
22:20	80-119	>=1340	4
Mouse 23:00	00-39	<=1419	

Sign	time	Total time	Mewa Index
23:40	40-59	>=1420 <=1439	5
00:00	60-79 80-119	>=0 <=59	
Ox 01:00	00-39 40-79	>=60 <=139	6
02:20	80-119	>=140	7
Tiger 03:00	00-39	<=219	
03:40	40-79 80-119	>=220 <=229	8

Hour Mewa change									
Day Mewa	05:00	06:20	07:40	09:00	10:20	11:40	13:00	14:20	15:40
	17:00	18:20	19:40	21:00	22:20	23:40	01:00	02:20	03:40
White 1	White 1	Black 2	Blue 3	Green 4	Yellow 5	White 6	Red 7	White 8	Red 9
Black 2	Black 2	Blue 3	Green 4	Yellow 5	White 6	Red 7	White 8	Red 9	White 1
Blue 3	Blue 3	Green 4	Yellow 5	White 6	Red 7	White 8	Red 9	White 1	Black 2
Green 4	Green 4	Yellow 5	White 6	Red 7	White 8	Red 9	White 1	Black 2	Blue 3
Yellow 5	Yellow 5	White 6	Red 7	White 8	Red 9	White 1	Black 2	Blue 3	Green 4
White 6	White 6	Red 7	White 8	Red 9	White 1	Black 2	Blue 3	Green 4	Yellow 5
Red 7	Red 7	White 8	Red 9	White 1	Black 2	Blue 3	Green 4	Yellow 5	White 6
White 8	White 8	Red 9	White 1	Black 2	Blue 3	Green 4	Yellow 5	White 6	Red 7
Red 9	Red 9	White 1	Black 2	Blue 3	Green 4	Yellow 5	White 6	Red 7	White 8

E.g.

Let's calculate for 06/25/2012 09:30 Tibet Lhasa

Year 2012 Water male Dragon Mewa White 6, Month 5 Metal male Monkey, Day 6 Water Sheep

Hour Sign is Snake (09:00), Day Mewa is White 6

For the Hour Element start with the child of the day element. For this example child of Water is Wood.

Wood = 05:00, Fire = 07:00, Earth = 09:00 which is the hour element. Hour Earth Snake.

For the Hour Mewa start with the index for White 6 (day mewa) which is 5. Add the hour index which is 3 totaling to 8 which is Red 9 (If the sum of the indexes is >= 9 subtract 9).

Year 2012 Water male Dragon, Month 7 Metal male Monkey, Day 6 Water Sheep, Hour 09:30 Earth Snake with Mewa Red 9.

Note: when the time of birth is before 05:00AM the previous day is used.

E.g. 06/25/2012 04:30 Tibet Lhasa is the day before

Year 2012 Water male Dragon Mewa White 6, Month 5 Metal male Monkey, **Day 5** Metal Horse Mewa Yellow 5, Hour Wood Tiger Mewa Green 4.

Examples

Examples for year, day and hour for 06/25/2012 09:30 Tibet Lhasa time.

For male and Traditional Mewa.

Year 2012 Water male Dragon, Mewa White 6
Month 5/7 Metal male Monkey, Mewa White 8
Day 6 Water Sheep, Mewa White 6
Hour 09:30 Earth Snake, Mewa Red 9.

Year

2012 Water Dragon, Mewa White 6 see: www.tibastro.be → Start → Sign → Sign general
Life element: Earth (sign Dragon) see: Namkha harmonizing Energy of the elements 2021, 2022
Body element: Water (sign Dragon element Water)
Capacity element: Water (element Water)
Fortune element: Wood (sign Dragon)
Body Year Mewa White 6 see: www.tibastro.be → Start → Mewa → General
Life Mewa Blue 3 is 4 places before the Body Mewa ...8912345678912...
Capacity Mewa Red 9 is 4 places after the Body Mewa ...8912345678912....
Fortune Mewa White 8 is Vitality Mewa of Wood Tiger 2034
Simple fortune Mewa White 6 + 2 (Dragon) = White 8.

Month

Month 5/7 Metal Male Monkey, Mewa White 8
Life element: Metal (sign Monkey)
Body element: Wood (sign Monkey element Metal)
Capacity element: Metal
Fortune element: Wood
Body Month Mewa White 8
Life Mewa Yellow 5 is 4 places before the Body Mewa ...8912345678912...
Capacity Mewa Black 2 is 4 places after the Body Mewa ...8912345678912...
Fortune Mewa White 8 is Vitality Mewa of Wood Tiger 2034
Simple fortune Mewa White 8 + 6 (Monkey) = (14-9)=Yellow 5.

Day

Day 6 Water Sheep, Mewa White 6
Life element: Earth (sign Sheep)
Body element: Wood (sign Sheep element Water)
Capacity element: Water (element Water)
Fortune element: Fire (sign Sheep)
Body Day Mewa White 6
Life Mewa Blue 3 is 4 places before the Body Mewa ...8912345678912...
Capacity Mewa Red 9 is 4 places after the Body Mewa ...8912345678912....
Fortune Mewa Yellow 5 is Vitality Mewa of Fire Snake 2037
Simple fortune Mewa White 6 + 2 (Sheep) = White 8

Hour

Hour 09:30 Earth Snake, Mewa Red 9
Life element: Fire (sign Snake)
Body element: Wood (sign Snake element Earth)

Capacity element: Earth (element Earth)
 Fortune element: Water (sign Snake)
 Body Hour Mewa Red 9
 Life Mewa Red 6 is 4 places before the Body Mewa ...8912345678912...
 Capacity Mewa Blue 3 is 4 places after the Body Mewa ...8912345678912....
 Fortune Mewa White 8 is Vitality Mewa of Water Pig 2043
 Simple fortune Mewa Red 9 + 6 (Snake) = 15 - 9 = White 6

Relations

The elements of a Namkha can have the following relations to the Life rhombus or for the Mewa's to the Life Mewa rhombus.

Element Life	Mother OOO	Child OX	Friend OO	Enemy XX	Same O or X
Wood	Water	Fire	Earth	Metal	Wood X
Fire	Wood	Earth	Metal	Water	Fire X
Earth	Fire	Metal	Water	Wood	Earth O
Metal	Earth	Water	Wood	Fire	Metal X
Water	Metal	Wood	Fire	Earth	Water O

E.g. 1942 Water – Horse Life is Fire

Namkha elements

		Relation to Life Fire
Body	Wood	Mother
Life	Fire	
Capacity	Water	Enemy
Fortune	Metal	Friend (Life element is Enemy of Fortune)

Namkha Mewa elements

			Relation to Mewa Life	Relation to Life Fire
Body	Green 4	Wood	Friend	
Life	White 1	Metal		Friend
Capacity	Red 7	Fire	Enemy	
Fortune	White 8	Metal	Same X	
Simple fort.	Yellow 5	Earth	Mother	

Local Namkha Mewa elements

			Relation to Mewa Life	Relation to Life Fire
Body	Green 4	Wood	Mother	
Capacity	White 1	Metal	Friend	
Life	Red 7	Fire		Same X
Fortune	White 8	Metal	Friend	
Simple fort.	Yellow 5	Earth	Child	

see: www.tibastro.be → Start → Element → Elements compared

Sequences

The sequence from the inside out and the last elements depends on the relation.

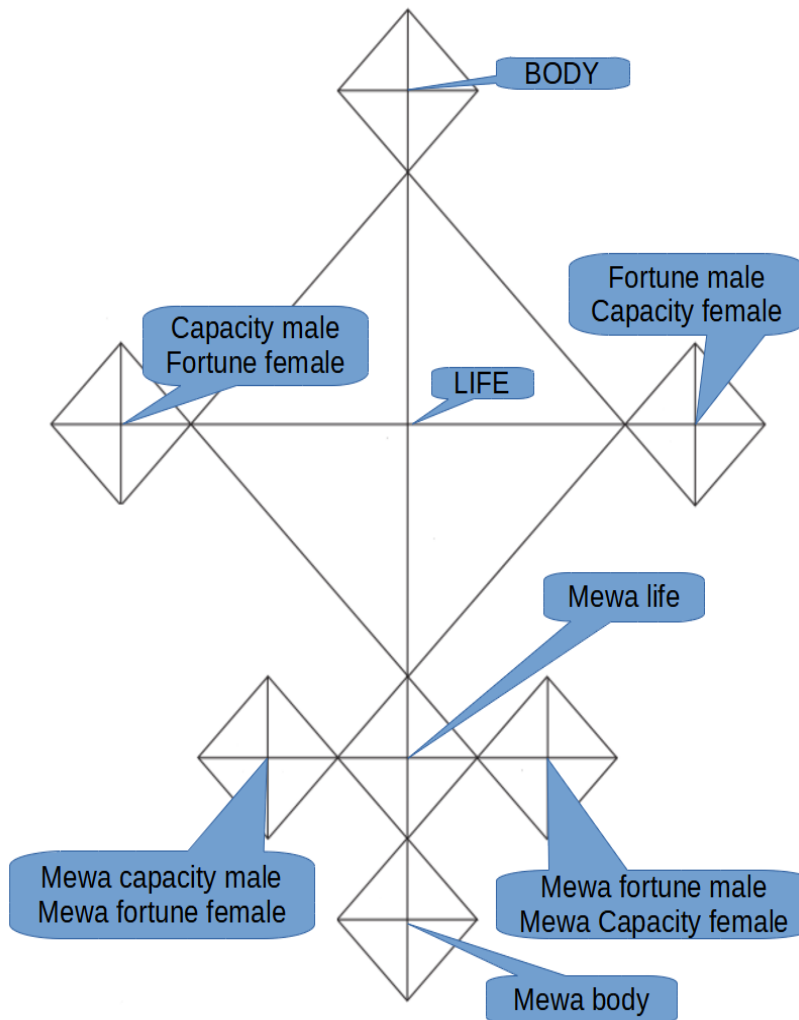
The **child** sequence is repeating Wood (green 0), Fire (red 1), Earth (yellow 2), Metal (white 3) and Water (blue 4). Start with the calculated element.

The **mother** sequence is repeating Water (blue 4), Metal (white 3), Earth (yellow 2), Fire (red 1) and Wood (green 0). Start with the calculated element.

The relation is always to the Life element or in case of the Mewa's to the Life Mewa element.

E.g.

Body element Fire and Life element Water relation is Friend.



For males Capacity is on the right side and Fortune on the left side.
For females the Capacity is on the left side and Fortune on the right side.

Life

The center of Life starts with the color of the element of the sign of the calculated year.

Wood – (green 0) for Tiger and Rabbit

Fire – (red 1) for Snake and Horse

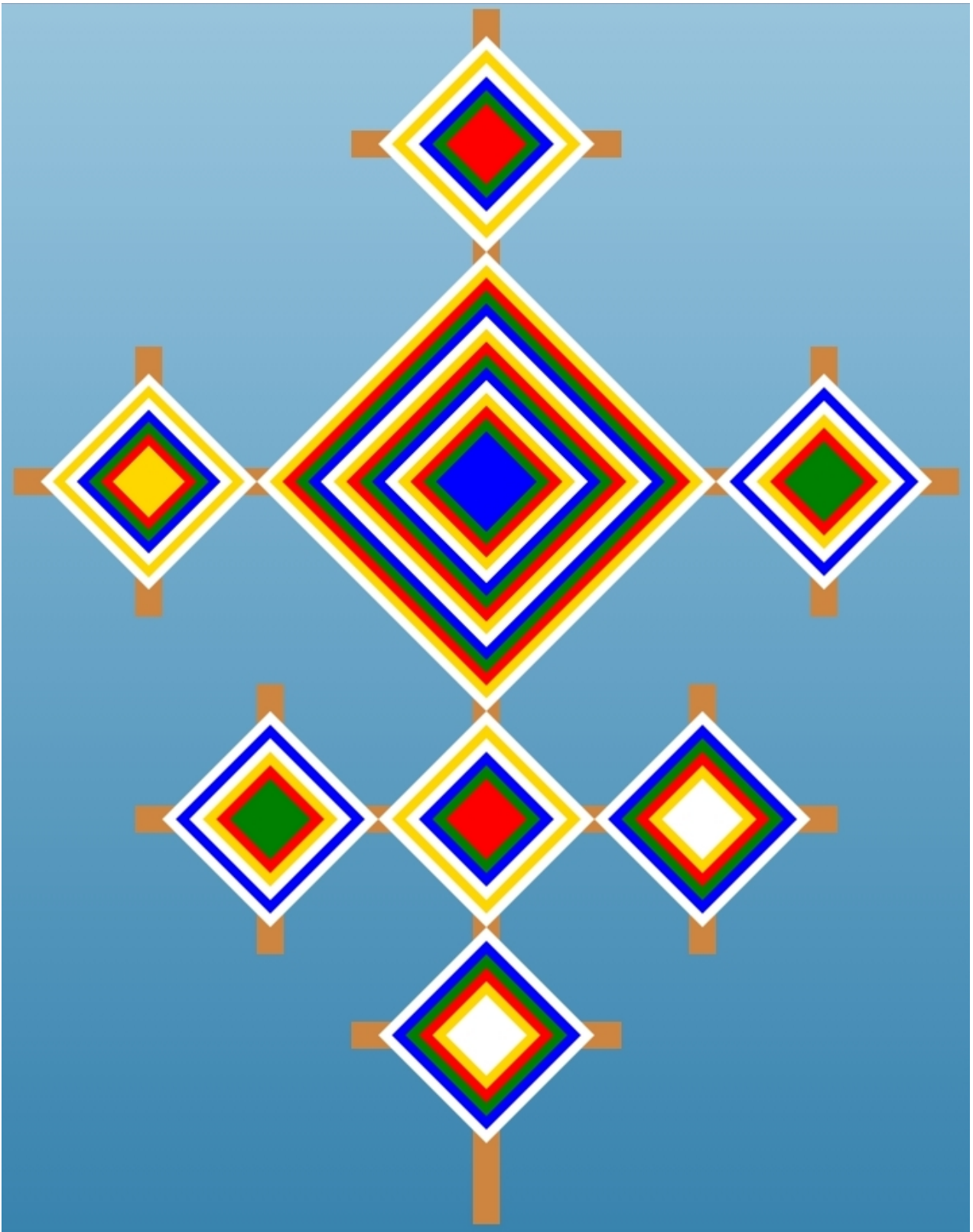
Earth – (yellow 2) for Dragon, Sheep, Dog and Ox

Metal – (white 3) for Monkey and Rooster

Water – (blue 4) for Pig and Mouse

From the inside out there exists a child sequence.

E.g. an Earth Mouse year (2008) starts with Water (blue 4) followed by Wood (green 0), Fire (red 1), Earth (yellow 2) and Metal (white 3). This sequence repeats itself three times. The last color, in this example white 3, will be used to harmonize all other items of the Namkha.



For 2008 Earth Mouse the calculated elements are:

Life	Water	Blue
Body	Fire	Red
Capacity	Earth	Yellow
Fortune	Wood	Green
Mewa Life	Red7	Red
Mewa Capacity	Green4	Green
Mewa Fortune	White8	White

Mewa Body White1 White
The Mewa's are calculated using the traditional way.

The Life sequences are:

Tiger and Rabbit:

Wood (green) – Fire (red) – Earth (yellow) – Metal (white) – Water (blue)

Snake and Horse:

Fire (red) – Earth (yellow) – Metal (white) – Water (blue) - Wood (green)

Dragon, Sheep, Dog and Ox:

Earth (yellow) – Metal (white) – Water (blue) - Wood (green) – Fire (red)

Monkey and Rooster:

Metal (white) – Water (blue) - Wood (green) – Fire (red) - Earth (yellow)

Pig and Mouse:

Water (blue) - Wood (green) – Fire (red) - Earth (yellow) - Metal (white)

or the reverse order.

Body

Depending on the calculated body element the body will start with the element color (in this example Fire Red).

The following colors depend on the relation with the Life element (in this example Fire is a Friend of Water) see Friend sequence.

Capacity

Depending on the calculated capacity element the body will start with the element color (in this example Earth Yellow).

The following colors depend on the relation with the Life element (in this example Earth is an Enemy of Water) see Enemy sequence.

Fortune

Depending on the calculated fortune element the body will start with the element color (in this example Wood Green).

The following colors depend on the relation with the Life element (in this example Earth is a Child of Water) see Child sequence.

Life Mewa

Depending on the calculated Life Mewa element the body will start with the element color (in this example Fire Red7).

The following colors depend on the **relation with the Life element** (in this example Fire is a Friend of Water) see Friend sequence.

Capacity Mewa

Depending on the calculated Capacity Mewa element the body will start with the element color (in this example Wood Green4).

The following colors depend on the **relation with the Life Mewa** element (in this example Wood is the Mother of Fire) see Mother sequence.

Fortune Mewa

Depending on the calculated Fortune Mewa element the body will start with the element color (in this example Metal White8).

The following colors depend on the **relation with the Life Mewa** element (in this example Metal is the Friend of Fire) see Friend sequence.

Body Mewa

Depending on the calculated Body Mewa element the body will start with the element color (in this example Metal White1).

The following colors depend on the **relation with the Life Mewa** element (in this example Metal is the Friend of Fire) see Friend sequence.

Relations and harmonizing

Harmonization is done by adding the last element of the Life rhombus to the Body, Capacity, Fortune and Life Mewa element sequence.

Special care has to be taken adding the harmonizing element to the Body Mewa, Capacity Mewa and Fortune Mewa as their relations are towards the Life Mewa.

Harmonizing towards Life

In a Mother, Child, SameX or SameO relation the sequence from inside to outside is a child sequence.

Start with the calculated element and do all other elements.

E.g. start element followed by child sequence

Wood (green 0) – Fire (red 1) – Earth (yellow 2) – Metal (white 3) – Water (blue 4)

Fire (red) – Earth (yellow) – Metal (white) – Water (blue) - Wood (green)

Earth (yellow) – Metal (white) – Water (blue) - Wood (green) – Fire (red)

Metal (white) – Water (blue) - Wood (green) – Fire (red) - Earth (yellow)

Water (blue) - Wood (green) – Fire (red) - Earth (yellow) - Metal (white)

Mother relation

In a mother relation the Harmonizing element is added.

E.g. 1942 a horse year the Life sequence starts with element Fire(1), followed by Earth(2), Metal(3), Water(4) and ends with Wood(0) which is the harmonizing element.

The calculated element for Body is Wood(0) which is a Mother relation to Life Fire(1).

Start with Wood(0), followed by the child sequence Fire(1), Earth(2), Metal(3), Water(4) and add Wood(0) the harmonizing element.

Child relation

In a child relation the element before the last element is added.

E.g. 1944 a Monkey year the Life sequence starts with element Metal (3), followed by Water (4), Wood (0), Fire (1) and ends with Earth (2) which is the harmonizing element.

The calculated element for Body is Water(4) which is a child relation to Metal(3).

Start with Water(4) followed by the child sequence Wood(0), Fire(1), Earth(2), Metal(3) and add Earth(2) the harmonizing element.

Same O Same X relation

There is no need to add an element.

Life element **Earth** harmonizing element **Fire**

	Wo	Fi	Ea	Me	Wa	Wo	Fi	Ea	Me	Wa	Wo	Fi	Wo	Fi	Ea
Mother		X	X	X	X	X	Fi								
Child				X	X	X	X	X	Fi						
SameO			X	X	X	X	X								
SameX			X	X	X	X	X								
	Wa	Me	Ea	Fi	Wo	Wa	Me	Ea	Fi	Wo	Wa	Me	Ea	Fi	Wo
Friend						X	X	X	X	X	Fi				
Enemy					X	X	X	X	X	Wo	Fi				

Life element **Metal** harmonizing element **Earth**

	Wo	Fi	Ea	Me	Wa	Wo	Fi	Ea	Me	Wa	Wo	Fi	Wo	Fi	Ea
Mother			X	X	X	X	X	Ea							
Child					X	X	X	X	X	Ea					
SameO				X	X	X	X	X							
SameX				X	X	X	X	X							
	Wa	Me	Ea	Fi	Wo	Wa	Me	Ea	Fi	Wo	Wa	Me	Ea	Fi	Wo
Friend					X	X	X	X	X	Ea					
Enemy				X	X	X	X	X	Fi	Ea					

Life element **Water** harmonizing element **Metal**

	Wo	Fi	Ea	Me	Wa	Wo	Fi	Ea	Me	Wa	Wo	Fi	Wo	Fi	Ea
Mother				X	X	X	X	X	Me						
Child						X	X	X	X	X	Me				
SameO					X	X	X	X	X						
SameX					X	X	X	X	X						
	Wa	Me	Ea	Fi	Wo	Wa	Me	Ea	Fi	Wo	Wa	Me	Ea	Fi	Wo
Friend				X	X	X	X	X	Me						
Enemy			X	X	X	X	X	Ea	Me						

Life element **Wood** harmonizing element **Water**

	Wo	Fi	Ea	Me	Wa	Wo	Fi	Ea	Me	Wa	Wo	Fi	Wo	Fi	Ea
Mother					X	X	X	X	X	Wa					
Child							X	X	X	X	X	Wa			
SameO						X	X	X	X	X					
SameX						X	X	X	X	X					
	Wa	Me	Ea	Fi	Wo	Wa	Me	Ea	Fi	Wo	Wa	Me	Ea	Fi	Wo
Friend			X	X	X	X	X	Wa							
Enemy		X	X	X	X	X	Me	Wa							

Harmonizing Mewa's

The harmonizing element from the Life rhombus is used for Life Mewa, Capacity Mewa, Fortune Mewa and Body Mewa, where the relation for the Life Mewa (or capacity Mewa when local tradition is selected) is towards the Life rhombus but the relation between the other Mewa's is towards the Life Mewa (or capacity Mewa when local tradition is selected).

Mother / Child / SameO / SameX

In a mother, child sameO or sameX relation the sequence from inside to outside is a child sequence. Start with the calculated element and do all other elements.

E.g. start element followed by child sequence

Wood (green) – Fire (red) – Earth (yellow) – Metal (white) – Water (blue)
 Fire (red) – Earth (yellow) – Metal (white) – Water (blue) - Wood (green)
 Earth (yellow) – Metal (white) – Water (blue) - Wood (green) – Fire (red)
 Metal (white) – Water (blue) - Wood (green) – Fire (red) - Earth (yellow)
 Water (blue) - Wood (green) – Fire (red) - Earth (yellow) - Metal (white)
 Assume the harmonizing color is Wo

Mother / Child / SameX / SameO harmonizing element Wood

Exp		Wo	Fi	Ea	Me	Wa	Wo	Fi	Ea	Me	Wa	Wo	Fi	Wo	Fi	Ea
1		X	X	X	X	X	Wo									
2			X	X	X	X	X									
3				X	X	X	X	X	Wo							
4					X	X	X	X	X	Fi	Wo					
5						X	X	X	X	X	Wa	Wo				

To harmonize use the outer element of the Life Rhombus.

1. When the first element (1) in the sequence is the harmonizing element add the harmonizing element.

E.g. 1918 Earth Horse harmonizing element is Wood(0).

The local capacity mewa is Green (4).

2. When the last element (5) in the sequence is the harmonizing element just add the sequence.

E.g. 1906 Fire Horse harmonizing element is Wood(0).

The Capacity Mewa is Fire(2). The last element in the sequence is Wood(0) so just add the sequence.

3. When the fourth element (4) in the sequence is the harmonizing element add this element.

E.g. 1906 Fire Horse harmonizing element is Wood(0).

The Simple Fortune Mewa is Earth(2). The fourth element is Wood(0) so add this element.

4. When the third element (3) in the sequence is the harmonizing element add the fourth (4) and the third (3) elements.

E.g. 1917 Fire Snake harmonizing element is Wood(0).

The local tradition Life Mewa is Metal(3). The third element is Wood(0) so add after the last element of the sequence the fourth Fire(1) followed by Wood(0).

5. When the second element (2) in the sequence is the harmonizing element add the first (1) and the second (2) element.

E.g. 1918 Earth Horse harmonizing element is Wood(0).

The local tradition simplified luck Mewa is Water(4). The second element in the sequence is Wood(0) so add the first element Water(4) followed by the second Wood(0).

Mother / Child / SameX / SameO harmonizing element Fire

Exp			Wo	Fi	Ea	Me	Wa	Wo	Fi	Ea	Me	Wa	Wo	Fi	Wo	Fi	Ea
5			X	X	X	X	X	Wo	Fi								
1				X	X	X	X	X	Fi								
2					X	X	X	X	X								
3						X	X	X	X	X	Fi						
4							X	X	X	X	X	Ea	Fi				

Mother / Child / SameX / SameO harmonizing element Earth

Exp			Wo	Fi	Ea	Me	Wa	Wo	Fi	Ea	Me	Wa	Wo	Fi	Wo	Fi	Ea
4			X	X	X	X	X	Me	Ea								
5				X	X	X	X	X	Fi	Ea							
1					X	X	X	X	X	Ea							
2						X	X	X	X	X							
3							X	X	X	X	X	Ea					

Mother / Child / SameX / SameO harmonizing element Metal

Exp			Wo	Fi	Ea	Me	Wa	Wo	Fi	Ea	Me	Wa	Wo	Fi	Wo	Fi	Ea
3			X	X	X	X	X	Me									
4				X	X	X	X	X	Wa	Me							
5					X	X	X	X	X	Ea	Me						
1						X	X	X	X	X	Me						
2							X	X	X	X	X						

Mother / Child / SameX / SameO harmonizing element Water

Exp			Wo	Fi	Ea	Me	Wa	Wo	Fi	Ea	Me	Wa	Wo	Fi	Wo	Fi	Ea
2			X	X	X	X	X										
3				X	X	X	X	X	Wa								
4					X	X	X	X	X	Wo	Wa						
5						X	X	X	X	X	Me	Wa					
1							X	X	X	X	X	Wa					

Enemy / Friend

In an enemy / friend relation the sequence from inside to outside is a mother sequence.

Start with the calculated element and do all other elements.

E.g. start element followed by mother sequence

Water (blue)- Wood (green) - Fire (red) - Earth (yellow) - Metal (white)

Metal (white) - Earth (yellow) - Fire (red) - Wood (green) - Water (blue)

Earth (yellow) - Fire (red) - Wood (green) - Water (blue) - Metal (white)

Fire (red) - Wood (green) - Water (blue) - Metal (white) - Earth (yellow)

Wood (green) - Water (blue) - Metal (white) - Earth (yellow) - Fire (red)

Friend / Enemy harmonizing color is Water

Exp			Wa	Me	Ea	Fi	Wo	Wa	Me	Ea	Fi	Wo	Wa	Me	Ea	Fi	Wo
1			X	X	X	X	X	Wa									
2				X	X	X	X	X	Me	Wa							
3					X	X	X	X	X	Wa							
4						X	X	X	X	X	Me	Wa					
5							X	X	X	X	X	Wo	Wa				

Friend / Enemy

All examples are for a male with Local tradition Mewa calculation and Simple luck Mewa calculation.

1. When the first element in the sequence is the harmonizing element add the harmonizing element.

E.g. 1916 harmonizing element is Fire(1).

Start element Capacity is Fire(1). Last element is Earth(2) and next element is Fire(1). This is the harmonizing element so add it.

2. When the last element in the sequence is the harmonizing element add the first and the last element.

E.g. 1915 Wood Rabbit Harmonizing element is Water(4).

The Life Mewa is Metal(3). Add Metal(3) and Water(4).

3. When the fourth element in the sequence is the harmonizing element add the Harmonizing element.

E.g. 1902 Water Tiger Harmonizing element is Water(4).

The life Mewa is Earth(2). Add Water(4).

4. When the third element in the sequence is the harmonizing element the fourth and the third has to added to harmonize.

E.g. 1903 Water Rabbit Harmonizing element is Water(4).

The Body Mewa is Fire(1). Add Metal(3) and Water(4).

5. When the second element in the sequence is the harmonizing element add the first and the second element after the last element in the sequence.

E.g. 1903 Water Rabbit Harmonizing element is Water(4).

The Life Mewa is Wood(0). Add Wood(0) and Water(4).

Friend / Enemy harmonizing color is Metal

Exp			Wa	Me	Ea	Fi	Wo	Wa	Me	Ea	Fi	Wo	Wa	Me	Ea	Fi	Wo
5			X	X	X	X	X	Wa	Me								
1				X	X	X	X	X	Me								
2					X	X	X	X	X	Ea	Me						
3						X	X	X	X	X	Me						
4							X	X	X	X	X	Ea	Me				

Friend / Enemy harmonizing color is Earth

Exp			Wa	Me	Ea	Fi	Wo	Wa	Me	Ea	Fi	Wo	Wa	Me	Ea	Fi	Wo
4			X	X	X	X	X	Fi	Ea								
5				X	X	X	X	X	Me	Ea							
1					X	X	X	X	X	Ea							
2						X	X	X	X	X	Fi	Ea					
3							X	X	X	X	X	Ea					

Friend / Enemy harmonizing color is Fire

Exp			Wa	Me	Ea	Fi	Wo	Wa	Me	Ea	Fi	Wo	Wa	Me	Ea	Fi	Wo
3			X	X	X	X	X	Fi									
4				X	X	X	X	X	Wo	Fi							
5					X	X	X	X	X	Ea	Fi						
1						X	X	X	X	X	Fi						
2							X	X	X	X	X						

Friend / Enemy harmonizing color is Wood

Exp			Wa	Me	Ea	Fi	Wo	Wa	Me	Ea	Fi	Wo	Wa	Me	Ea	Fi	Wo
2			X	X	X	X	X	Wa	Wo								
3				X	X	X	X	X	Wo								
4					X	X	X	X	X	Wa	Wo						
5						X	X	X	X	X	Fi	Wo					
1							X	X	X	X	X	Wo					